

OILERS NET KHABIBULIN WITH \$15M DEAL: PG 10

Celebrity Buzz

Fawcett funeral held in L.A.

pg 18



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Style

pg 12

Michael Jackson fashion timeline



Al Jazeera gains support in Canada

NETWORK They are professional journalists. They give voice to terrorists. They are vital to democracy. They suppress it. They are Al Jazeera English and they are hoping to come to a television near you.

The Canadian Radio-television and Telecommunications Commission received public comments that varied from strongly in favour to outrageously against an application to allow the Qatar-based broadcaster to air in the country.

Tony Burman, a former CBC news executive who became managing director of Al Jazeera English two years ago, said he is buoyed by the fact there have been far more positive comments.

He said out of 2,652, there were only 39 that could be described as against bringing the broadcaster to Canada. The CRTC has not released a date for its decision.

TORSTAR NEWS SERVICE

Sunny Side

Follow Metro's SunnySide initiative as we help you find the good news around Edmonton and Canada. This is also a Call to Action for you to send us your suggestions at edmontonletters@metronews.ca, metronews.ca or on Twitter @metroedmonton.

On metronews.ca
• Share your SunnySide thoughts on Twitter using #sunnyside
• See what other Metro readers are doing and saying about SunnySide

Queen Alex School Getting silly



Joaquin Lopez, Leandro Solis and Brenda Mendoza celebrate Canada Day with a real Canadian tradition of Tim Hortons ice caps yesterday at Queen Alex School, the starting and end point for the Silly Parade. **More coverage, pg 3**

Capital celebration

Canadians old and new show pride at Canada Day festivities



VICTORIA HANDYSIDES
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The sun shone down on a capital region saturated in a sea of red and white yesterday, as Canadians painted with smiles and maple leaves celebrated their heritage.

On the one holiday truly connecting all citizens, grateful Canucks wore their national pride loud and proud at Edmonton's landmarks yesterday.

Standing in a sea of smiling faces at the legislature grounds, George Papay said dreams of our country's staple institution were great enough that he was drawn to the Great White North from his home country of Slovakia in 1969.

"I was a boy growing up, watching hockey and just fell in love with it and the idea of the country," Papay said. "Every time I saw maple trees or maple leaves, all I could think of was Canada."

Amid a crowd of joyful expressions, tears streaked the faces of two German-born temporary foreign

workers, whose dreams to live in Canada are just beyond their reach.

"We want so badly to live here. We wish we could celebrate as Canadians today," said Otto Lamdwehr, holding his wife Inge's hand. Work visas for the pair expired a few weeks ago, which will force the couple back to Germany. He said that when they arrive, all efforts will be to come back to Canada and stay as citizens.

Having successfully immigrated from Nairobi, Al-Karim Walji agreed becoming Canadian is the desire of millions of global citizens. Sitting on the grass while O

Canada played in the background, he said he has learned that in no other country can immigrants truly sustain their cultural individuality.

"Canada gives us the opportunity for us to maintain our identities," he said. "It is a country that does not belong to any one specific individual. It is open, and allows freedom to express opinions, beliefs and practices."

MORE COVERAGE, PG 4

ShareYourViews
edmontonletters@metronews.ca

Canada mulls visas for Roma

ASYLUM Canada may reinstate a visa requirement on Czech visitors after hundreds of Roma from the Czech state sought asylum there over the past few months, the Czech Foreign Ministry said yesterday.

The Roma asylum seekers say they have been discriminated against by the majority ethnic Czech population, a view supported by human rights agencies.

Minister Jan Kohout said he had met Canadian Citizenship and Immigration Minister Jason Kenney several days ago on the issue.

"I can confirm the Canadian side informed us about measures under consideration in reaction to the growth in the number of asylum seekers, including introduction of the visa requirement," Kohout told a news conference.

The Canadian Embassy in Prague did not say if the visa requirement would be reinstated.

"In general, Canada takes into account a number of factors when deciding on (re-) instating the visa requirement," an embassy spokesman said in an email.

The Czech Republic, a European Union member since 2004, has been hit by the global economic crisis, with unemployment rising and the overall output falling 3.4 per cent in the first quarter.

REUTERS



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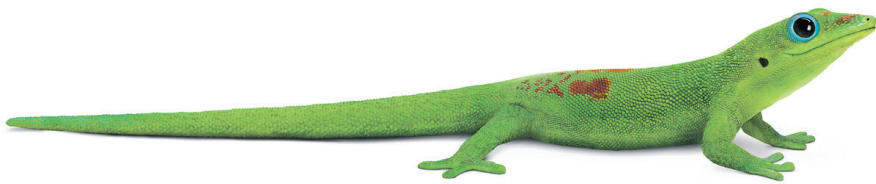
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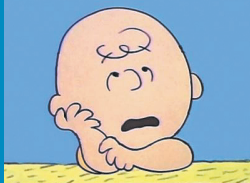
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Get a Taste of Edmonton

Check out A Taste of Edmonton from July 17 to 26, 11 a.m. to 11 p.m. at Sir Winston Churchill Square. More than 30 restaurants will participate, and on July 19 the day's Sunday in the City program includes a classic automobile "show and shine." **METRO EDMONTON**

Local



'You're a good man, Charlie Brown'

Get re-acquainted with Charlie, Linus, Lucy, Snoopy and the rest of the gang with the classic musical *You're a Good Man, Charlie Brown*. Come for all the fun starting Wednesday, July 8 at 5 p.m. at the Waltherdale Playhouse. Tickets are \$14 to \$18 and are available from TIX on the Square.

METRO EDMONTON



Above: Things got a little wacky as all kinds of participants took part in the Silly Parade on Whyte Avenue yesterday. Right: The Punjabi Association of Alberta dances for the thousands of Edmontonians who checked out the 22nd annual Silly Parade yesterday as a part of Canada Day celebrations.



Silly struts downtown

Parade brings out old and young for fun times

GRAHAM MCCANN
for Metro Edmonton



Silliness was in abundance throughout Whyte Avenue this past Canada Day as crowds gathered to watch the 22nd annual Silly Summer Parade.

Organizations, many of which are part of Old Strathcona, walked, drove, and biked in some of their zaniest costumes for the event by the Old Strathcona Foundation, which promotes the restoration and preservation of the area's historical assets.

"We want this to go on forever, every year," said 90-year-old Gwen Wilson,

who was sitting with her great-grandchildren.

Wilson said that she has attended the parade every year since it began.

"I want to thank Strathcona for a beautiful parade," she added.

Wilson also said that she is proud of this event because it represents many of the activities Edmonton has to offer.

The show started with chimes in the tune of the National Anthem, soon leading in horses, superheroes, clowns, and even Charlie Brown, Snoopy

and Woodstock while waving to the upbeat children and parents.

"What brings us to this event is that I am the Lord of this realm," said Sir Thomas of Strathcona, the "fearless leader" of the Knights of the Northern Realm.

These Knights marched in the parade donning their 14th-century-influenced armour and weaponry.

This is the Knights' sixth year in the parade, and Sir Thomas added that Old Strathcona has supported their organization for the past nine years, which promotes education about 14th-century England.

Four-legged weddings top off silly celebration

DOGS The silliness of Whyte Avenue on Canada Day was topped off with a doggy wedding ceremony.

Meiko, a Bichon-Shitzu-Yorkie, and Molly, a Shitzu-Maltese, went down the aisle at field of Queen Alexandra Elementary School.

"It was love at first sniff," said Raymond Parker of The Urban Dog, who acted as the priest for the 'pup'

tuals. Parker said that his Whyte Avenue pet store participated in the silly theme, and thought that nothing could be sillier than a dog wedding.

The ceremony had dog-sized decorations, and even a table with water dishes for wine glasses. The human attendees were served cake after the ceremony.

GRAHAM MCCANN /
FOR METRO EDMONTON



'Mill Woods Rapist' released, warn police

VICTORIA HANDYSIDES
victoria.handysides@metronews.ca

FASH Police are warning the man dubbed the "Mill Woods Rapist" has been released from prison.

Dana Fash, 30, was released from a correctional facility Tuesday, and has made clear intentions to live in Edmonton.

Though he completed a number of programs while in custody, police still consider him a violent sexual offender who poses "significant harm to the community and, in particular,

adult females."

Fash made headlines in December when he escaped from a halfway house. He was serving out the last of a 12-year-sentence for two horrifying attacks.

In 1994, he raped a 65-year-old woman in the backyard of her southside home. One month later, he brandished a pair of scissors and raped a 44-year-old janitor in a school bathroom.

The warning, police stress, is in an effort to make the public aware of the threat posed by Fash, not to encourage vigilantism.



News in brief

ASSAULT The mother of a two-year-old who was hit by a vehicle on June 3 is charged with assault for allegedly attacking the driver after the accident.

METRO EDMONTON

metronews.ca

What's online today.

Video Soldiers mark Canada Day in Afghanistan with patriotic tank decor and festivities between battles at metronews.ca/world

Blogs The 100-Day Raw Food Challenge takes on the task of creating an uncooked pizza

Lotteries

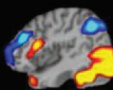
Lotto 6/49: 2, 5, 19, 26, 29 & 31. Bonus 28. These results are not official.

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Canada may not embrace an expected proposal by French President Nicolas Sarkozy to work out a fair oil-price accord at next week's G8 summit in Italy, Foreign Minister Lawrence Cannon said Tuesday. **REUTERS**

Canada



Order promotion for Great One

Wayne Gretzky, arguably the greatest hockey player who ever lived, has been promoted to Companion of the Order of Canada by Gov. Gen. Michaëlle Jean, Reuters reports. Jean announced the promotion of Gretzky, a National Hockey League hall of famer and current head coach of the NHL's Phoenix Coyotes, along with 59 other appointments yesterday. **METRO NEWS SERVICES**

'This is a new place of peace and freedom'

75 sworn in as citizens at city's legislature



VICTORIA HANDSIDES
victoria.handisodes@metronews.ca

Visitors from 45 countries made their stay in Canada permanent yesterday, adding to the country's mosaic by officially becoming citizens.

"This country will be yours, and this day will forever become your Canada Day," Labour Minister Rona Ambrose said, addressing 75 people sworn in on the country's 142nd birthday at Edmonton's legislature grounds. "You will enrich our country with your unique contribution, and we're grateful you've cho-

sen Canada."

Acclimating to Canadian life is challenging for newcomers, some of whom are escaping economic despair, war, famine and disease, experts say.

Learning language and skills, securing affordable housing and adapting to cold temperatures can take an average of two to four years, said Don Baergen, manager of the Mennonite Centre for Newcomers.

"But the basic privileges we enjoy here are big. Even if immigrants are not doing that well economically, the freedom to voice opinions and vote is something people look forward to."

Kueth Yoh and his wife and three children sat proudly at the swearing-in ceremony yesterday, and

agreed that his family will have greater opportunities in our home and native land.

The family escaped civil war in Sudan five years ago, he said.

"This is a new place of peace and freedom," he said, putting on a red Canada baseball cap with a smile.

Mayor Stephen Mandel extended a warm welcome to the newest group of Canadians, citing his family's immigration to the country over 100 years ago.

"May all your dreams in Canada that you have come true for yourselves and your families," he said. "Congratulations on joining, in my opinion, what is the single greatest country in the world."



Dr. Flossy Obuekwe from Nigeria receives her certificate of Canadian citizenship yesterday at Edmonton's legislature grounds. Seventy-five new Canadians were sworn in during the ceremony.

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E. coli fears prompt recall of PC beef in Eastern Canada

CONTAMINATION People in Ontario, Quebec and Atlantic Canada are being advised to look carefully at the best-before dates of President's Choice fresh beef products.

That's because a wide selection of PC-branded fresh beef, imported from JBS Swift Beef Co. in Greeley, Colo., may be contaminated with E. coli bacteria, known to cause gastroin-

testinal distress and, in extreme cases, death.

The Canadian Food Inspection Agency has ordered a recall for the suspect products, which carry best-before dates of April 29 through June 16.

The full recall list is available at inspection.gc.ca or by calling the CFIA at 1-800-442-2342 Monday to Friday.

TORSTAR NEWS SERVICE

B.C. Bike Race



B.C. Bike Race participants and staff gather on the deck of a ferry yesterday as they prepare for a fourth day of competition.

Canadian feared dead in Indian Ocean plane crash

MYSTERY An Ottawa woman is believed to have been a passenger on the airliner that crashed into the Indian Ocean on Tuesday with 153 people on board, the woman's family told CBC News Online on Tuesday.

Emsumata Abdoulghani, who is in her early 30s, was supposed to have been on board the Yemenia Airways flight, said her husband, Youssouf Mahamoud, from the family's home in Ottawa, where he and two of their three children are awaiting news.

Yemenia Airways Flight 626 was en route from Yemen to the Comoros when it went down.

METRO NEWS SERVICES

News in brief

AIR TRAVEL Starting yesterday, dogs and cats in approved carriers are allowed on both regular Air Canada and regional Jazz flights, provided the container fits under the seat, CBC News Online reports. Travellers are required to pre-register their pets with Air Canada within 24 hours of booking a ticket, and pay a \$50 fee each way within Canada and the U.S., or \$100 each way on international flights. Only one pet is allowed on board for each traveller. **METRO NEWS SERVICES**

'Free-market' Canada may reject proposal for oil-price accord

Canada may not embrace an expected proposal by French President Nicolas Sarkozy to work out a fair oil price accord at next week's G8 summit in Italy, according to Canadian Foreign Minister Lawrence Cannon. "We believe in a free market economy," he said. **REUTERS**

canada **5**

MP slams nuke bill

Damages limit puts lives 2nd: NDP

The Conservative government is putting the nuclear industry ahead of the lives of Canadians, a New Democrat MP says.

Nathan Cullen is critical of a proposed law limiting damages in the event of an accident.

The government wants to update the Nuclear Liability Act to increase the maximum to \$650 million in damages from the current \$75 million set in the 1970s.

But Cullen said it should be in the billions of dollars. "The crux of it is how much you can sue for in the event of a nuclear accident," said the MP for Skeena-Bulkley Valley.

Cullen said it's difficult to have confidence in an industry that has to be afforded this kind of protection, but completely another matter to lowball the cost of human life.

Chalk River scare

In May, Atomic Energy of Canada Ltd. (AECL) announced it had found the source of the leak of radioactive water at the nuclear reactor that produces nearly half of the world's medical isotopes.

"Get somewhere in the ballpark ... into the billions for sure," he said.

The bill is before a Commons committee when Parliament resumes sitting in September. The New Democrats are hoping to delay it so it falls off the table.

Cullen and other critics suspect the real reason behind the \$650 million figures is to make Canada more attractive for companies wanting to build nuclear power plants.

TORSTAR NEWS SERVICE

Ottawa She's our birthday guest



Gov. Gen. Michaëlle Jean arrives for Canada Day celebrations on Parliament Hill in Ottawa yesterday. A recent announcement made by Prime Minister Stephen Harper said Jean will open the 2010 Olympics in Vancouver.

Canada flunks big G8 climate test, says WWF

ENVIRONMENT Canada is low, low, low on the climate scorecard.

With only five months to go until a new global pact on climate change, none of the Group of Eight nations is doing enough to curb global warming, a new study said yesterday.

And Canada and the United States rank bottom, the study said.

The G8 Climate Scorecards, compiled by environmental group WWF, said even the greenest members of the rich nations' club — Germany, Britain and France — are not on track to meet a "danger threshold" of limiting temperature rises to below two degrees Celsius.

G8 leaders gather in Italy

next week.

They hope to make progress toward a new agreement on global warming.

"While there might be a bailout possibility for the financial system, no amounts of money will save the planet."

James Leape

"While there might be a bailout possibility for the financial system, no amounts of money will save the planet once climate change crosses the danger threshold," WWF head James Leape wrote in the foreword to the

report. Yesterday's scorecard singled out Canada, saying Prime Minister Stephen Harper's Conservative government has not implemented a plan to curb emissions — already among the highest in the world.

REUTERS

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Despite renewed efforts by New York officials to keep skies around the city's airports clear of wildlife, a passenger plane was damaged after hitting a bird as it landed this week in what is a growing industry problem. The plane became one of about 7,000 planes a year in the United States to be involved in a so-called bird strike. **REUTERS**

World



Depp bad for moral health?

What do Johnny Depp, left, Garfield, Paris Hilton and roast pork have in common? In China, the answer is a new government-mandated Internet filter which rates some pictures of all four of them as bad for your moral health. Beijing has ordered all personal computers sold from yesterday to be preinstalled with Green Dam software, which is designed to block pornographic and violent images. When the software is installed, and an image scanner activated, it blocks even harmless images of a film poster for cartoon cat Garfield and one search engine close-up of Depp's face. **REUTERS**

Honduras defies world pressure

COUP The Honduran interim government defied international pressure yesterday, and vowed there was "no chance at all" of ousted President Manuel Zelaya returning to office.

World leaders from U.S. President Barack Obama to Venezuelan President Hugo Chavez have told the new rulers of the Central American country to restore Zelaya, a leftist who was taken from his home by the army on Sunday and flown to Costa Rica.

Enrique Ortez, interim foreign minister, told Reuters that Zelaya would be arrested if he came home.

The crisis in Honduras has spiraled into the worst political turmoil in Central America since the U.S. invasion of Panama in 1989. **REUTERS**

Crash cause a mystery

Sole survivor clung to floating wreckage for 12 hours

French and U.S. aircraft hunted yesterday for survivors from a plane that crashed off Comoros, while in Paris expatriates from the Indian Ocean archipelago tried to block another flight by the same airline.

The European Commission sent a letter to the airline, Yemenia, saying its aircraft could be banned in the European Union after a Yemenia-run Airbus A310-300 went down in the Indian Ocean on Tuesday with 153 people on board.

Just one survivor — a 14-year-old Franco-Comoran girl — has been found in the sea so far, having held on to floating material.

"She clung to a piece of debris from the plane for 12 hours," French Co-operation Minister Alain Joyan-

Human factors: Troubling trend

Human factors are emerging as a worrisome trend in global air crashes and other incidents as fatigue, complex flight systems, inconsistent training and regulation pose new challenges to airlines, a leading safety advocate said on Tuesday.

Bill Voss, president of the Flight Safety Foundation, a

watchdog and advocacy group, said 2009 could be the worst year in a decade for major commercial aviation accidents.

There have been 12 crashes this year through June and carriers globally are on pace to equal the 10-year high of 24 crashes in 1999, according to safety foundation figures.

Tuesday.

The airline said 75 Comorans and 65 French nationals were on board the flight, along with one Palestinian and one Canadian.

The crew comprised six Yemenis, two Moroccans, one Indonesian, one Ethiopian and a Filipino. **REUTERS**

Hong Kong Anniversary protest



Former lawmaker Anson Chan, middle, was one of an estimated 76,000 marching to demand universal suffrage and greater democracy in Hong Kong yesterday to mark the 12th anniversary of the territory's handover to China from Britain. **REUTERS**

News in brief

IRAQ Iraqi politicians from across the ethnic and sectarian divide yesterday welcomed the U.S. troop withdrawal from cities as a step towards sovereignty, even though they feared it might trigger more

violence. U.S. combat troops pulled out of Iraq's towns and cities on Tuesday into rural bases, the first step of a bilateral security pact that requires all U.S. troops to leave Iraq by 2012. **REUTERS**

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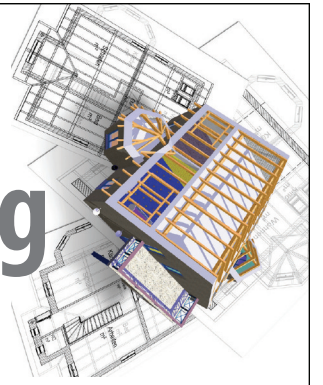
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Robert Kiyosaki will not attend this workshop.

Mississippi residents win top ranking — as fatties

Mississippi, new figures show, is the U.S. state with the fattest residents — as it has been for the last five years. Nearly a third of its adults — 32.5 per cent — are considered obese. Colorado has the thinnest residents, with an obesity rate of 18.9. **REUTERS**



world 7

Muslims, Christians battle after price dispute

VIOLENCE Police have arrested 37 Muslims and Christians from a village in Egypt's Nile Delta in connection with the killing of a Muslim man and violence that followed.

The 18-year-old Muslim died Tuesday after a fight a day earlier.

The death led to the arrest of a Christian family of a father, mother and two sons, as well as three Muslim men.

The dispute arose over the price of goods bought at a shop owned by the Christian family, residents said.

After the funeral of the dead man, dozens of Muslims set ablaze two Christian-owned homes and pelted stones at Christians. That violence led to the arrest of 30 more Muslims.

Relations between Egypt's majority Muslims and its Christians can erupt into violence over issues such as inter-faith relationships and land.

REUTERS

Italy PM sees train crash debris



Italy's Prime Minister, Silvio Berlusconi, bottom right, visits the site of a train accident in Viareggio. At least 16 people were killed and 50 injured when a freight train hauling liquefied petroleum gas derailed and exploded as it passed their homes.

Barack who?

Obama's visit leaves ordinary Russians cold

Adoring fans have flocked to see him on visits around the world, but Barack Obama should expect a far cooler reception in Russia next week.

"Obamamania" swept much of the world in January after Obama moved into the White House. But it largely passed Russians by. "We didn't even know he was coming," said a young woman employee at an upmarket Moscow clothing boutique.

Disputes over U.S. plans to position elements of a missile shield system in

"We didn't even know he was coming."

Boutique employee

eastern Europe and a war last year between Russia and NATO-aspirant Georgia have strained Moscow-Washington ties.

Russian newspapers did not plaster their front pages with photos of Obama's January inauguration like other publications around the world. And advance coverage of

his July 6-8 trip in state-controlled media has been muted.

Most ordinary Russians have more pressing issues to consider — the financial crisis and unemployment — than Obama's first visit to their country as U.S. president.

"It's good that he's the president after Bush but we're far more worried about money than his trip," said Yevgeny Mesnikov, 26, before taking another slug from his bottle of beer.

REUTERS

Bhutto killing probed

CRIME A UN fact-finding commission yesterday began an inquiry into the assassination of former Pakistani prime minister Benazir Bhutto.

Bhutto was murdered in a suicide gun-and-bomb attack in Rawalpindi on Dec. 27, 2007, after a rally to

drum up support for a general election she had hoped to win.

Her murder threw nuclear-armed Pakistan into crisis and her Pakistan People's Party rode a wave of sympathy to win a February 2008 election.

REUTERS

News in brief

MEDICINE Researchers have identified the early master cells that make up the human heart and said yesterday they could someday be used to make patches to fix damaged hearts. This discovery, published in the journal *Nature*, sheds light on how human hearts develop in the womb.

REUTERS



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Comment & Views

EDITOR: MIKE.DEREZYCKY@METRONews.CA

Comment

Your cheating heart

ModernLife

Georgie Binks



Last week, South Carolina Gov. Mark Sanford admitted to an affair, the second American politician to go down, so to speak, in the past few weeks. Nevada Senator John Ensign (the first) must be relieved the public's guns are turned elsewhere momentarily.

The media asks whether either of these guys will continue in office. Me, I'm wondering why they gambled so big? Did either watch former New York governor Eliot Spitzer tap dance in front of the cameras last year as his wife endured her worst moment ever?

Noel Biderman, president

and CEO of Ashley Madison, the infidelity dating site, says the more you have to gamble, the more you're going to gamble. "A lot of people in politics have already taken massive risks and they've paid off. They think they can continue to do it," Biderman figures the Teflon effect (nothing sticks) gives them that feeling of invincibility.

Of course, most married people shuffling through daily life have infinitely more trouble sussing out an affair with someone better looking than the spouse turning them down at home. Not like politicians, rock stars and sports figures, who seem to spend most of their waking hours avoid-

ing them. After all, do you have groupies?

Modern technology has been a boon to low-budget, would-be cheaters. All you need is a computer to locate the object of your new affection and a cellphone to hide it from your soon-to-be ex.

The little people are just as susceptible to temptation as are the big cheeses.

Biderman quotes a university study showing more than 90 per cent of men and 50 per cent of women would have an affair with a person

of their dreams (Sting?) if they wouldn't get caught or feel guilty, which brings me to my real question. What's keeping that measly 10 per cent of men faithful?

I thought pictures might tell me what the stories didn't. I was curious to find out what Sanford's girlfriend looked like (beautiful), wife (pretty), children (adorable). In fact, after seeing Sanford's kids in one family photo, I was puzzled by his compulsion to gamble with the family jewels.

With all the odds stacked in favour of Mark Sanford being a cheating man, the opportunity, the excitement and the fact that a heck of a lot of married people cheat these days, maybe he should have kept a little family photo in his chest pocket, just a little bit nearer to his heart.

Georgie Binks is a Toronto freelance writer who has written about gender and relationships for CBC.ca, Elle, Chatelaine and Homemakers; georgiebinks@rogers.com.

Mark Sanford

GETTY IMAGES

Views

A checkered history of Canadian feminism

FourthWave

Canice Leung



metronews.ca/fourthwave

There's plenty to celebrate on Canada Day — we're a nation of many cultures, many opinions; a vanguard for human rights — so what better time to celebrate (or rethink) what Canadians fought for in the name of feminism.

Nellie McClung, one of Canada's earliest feminists, successfully campaigned for the vote in Manitoba. Clever, articulate and quotable (she famously said, "Never retreat, never explain, never apologize — get the thing done and let them howl!"), she saw a

link between human rights and women's rights, but that belief wasn't absolute: McClung supported eugenics and believed "young, simple-minded girls" should be sterilized under a 1928 bill in Alberta.

Her peers shared her views, including fellow Famous Five Emily Murphy. Murphy, under the pen name Janey Canuck, also argued for immigration control — "black and yellow races may yet obtain the ascendancy," she wrote in Maclean's, threatening to "wrest the leadership of the world from the British."

Alongside the black spots in our history are silly ones. Singer Rita MacNeil, now more maternally than incendiary, wrote women's lib songs in the 1970s. The male-dominated RCMP deemed MacNeil and her

feminist ilk dangerous enough to spy on. While the force fretted about The Red Peril, massive social change was happening under its nose.

Celebrate the history-makers. Henry Morgentaler began performing illegal abortions in 1968, when the procedure was legal only to mothers facing health risks, and Stephen Lewis works tirelessly to improve the HIV/AIDS crisis in Africa. A new breed is making its mark, too: Lesbian and Muslim Irshad Manji writes about how to reform Islam, and Herizons and Shameless magazines shine in feminist media.

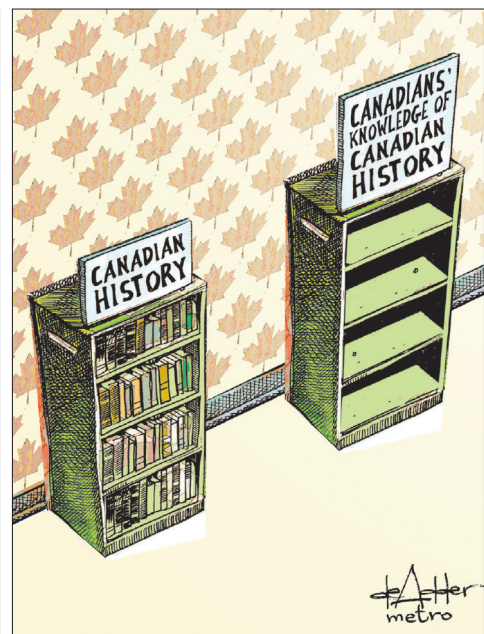
Still, there are great tragedies. It's estimated 520 native women have gone missing or been murdered since 1970. Last fall, the UN appealed to the federal government to investi-

gate why the system failed to protect these women.

Systemically, the laws still reflect inequity. Recommendations from 1967's Royal Commission on the Status of Women are still unaddressed today: Daycare, wage equality, effective family law. And new issues pose great challenges: Discrimination based on sexual orientation or race, and violence against women.

There's much to celebrate, but we must learn from our checkered history, from racist policies to missing women — because, to borrow a phrase from Nellie McClung, "No nation rises higher than its women."

Canice Leung is a former editor of Ryerson University feminist magazine McClung's, copy editor at Metro, ardent feminist and loudmouth.



Worth mentioning

Greeks must get used to new smoking ban

Greeks were banned from smoking at work and inside bars and restaurants yesterday, but many question how the measure will work in Europe's heaviest smoking nation.

Terraces in central Athens filled up with smoking clients as tobacco is still allowed outside, and there was confusion over how the law will be ap-

plied indoors.

But Health Minister Dimitris Avramopoulos said the ban will work, contrary to past failed attempts.

"Today Greece turns the page," he told Greek media. "It's the first time that this measure will be implemented, to end the myth that we make laws that we don't respect."

Greece breaks all European records with more than 40 per cent of the population smoking and six out of 10 being exposed to smoking at work, according to a European Union poll.

Many doubt the ban can be implemented in a country where smoking is such an entrenched tradition.

Smoking-related diseases kill about 20,000 people a year in Greece, costing the country \$3.01 billion US a year, the health ministry said.

REUTERS



Metro Online Poll Results

58% SAID YES

Should Canada Day events be moved to ensure a long weekend?

Weigh in on today's question at metronews.ca

42% SAID NO

Tell us your views by email to edmontonletters@metronews.ca or comment on metronews.ca or on Twitter @metroedmonton

Letters must include sender's full name, address and phone number — street name and phone numbers will NOT be published. We reserve the right to edit letters.

TTC, Bombardier sign \$1.2B streetcar deal

The Toronto Transit Commission has signed a \$1.2-billion contract with Montreal-based Bombardier for 204 new low-floor streetcars, CBC News Online reports. **METRO NEWS SERVICES**

9

Business

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Slow climb ahead for housing market

The worst of Canada's housing market woes appear to be past, but the sector's rebound will be tenuous as a rise in mortgage rates and high unemployment limit the recovery in prices and sales.

Experts say first-time buyers and Bank of Canada rate cuts have helped restore stability to a market that slumped from late 2008 to early this year, when the worst leg of the financial crisis battered consumer confidence.

"We should be less fearful than we were six months ago, but I don't

Prices up in May

• The latest Canadian Real Estate Association data shows May resale home prices rose 0.4 per cent to \$319,757, topping the previous record set a year earlier. It was the first year-over-year increase since May of last year.

think we should be exuberant yet. The resale markets in Canada are very strong. May numbers were pretty good, and June numbers will be even better," said Will Dunning, an econom-

ic consultant who specializes in the housing market. "But by July and into the fall there will be an offset of considerably slower activity."

Data suggests Canada's residential property market, which weathered the financial crisis much better than its U.S. counterpart, has been thawing for several months.

Still, no one predicts the residential property market is headed back to the heady times seen between 2002 and 2007, when prices surged and outpaced income growth. **REUTERS**

Farming West enduring dry spell



Alberta farmer Dwayne Marshman measures the height of his wheat crop, which should be at his waist, on his farm in the prairies near Rockyford, Alta. Tuesday. Farmers and ranchers are struggling with slow crop growth and feeding livestock across Western Canada due to dry conditions.

GM must sell main assets to 'New GM': U.S. official

AUTO The only viable option to save General Motors Corp. is a sale of its main assets to a "New GM" backed by the U.S. government, a U.S. Treasury official told a court yesterday as the automaker sought approval for the deal.

The official, Harry Wilson, also said the government would withdraw its portion of the \$33-billion financing for GM if the sale of the main assets did not

close by the government's July 10 deadline.

GM was in the second day of a bankruptcy court hearing in Manhattan in which it is asking Judge Robert Gerber to approve its asset sales.

If the deal is approved, the "New GM" would be a company that would have the best parts of the old company, a less expensive workforce and much less debt. **REUTERS**

Business in brief

MADOFF A total of \$231 million has been committed to pay investors of jailed financier Bernard Madoff, the group compensating his customers said yesterday. SIPC and Irving Picard said it had accepted 543 claims for payout so far. The amount averages \$425,414 US per claim. **REUTERS**

AIRLINE Air Canada's largest union voted narrowly Tuesday against a tentative deal to place a moratorium on pension funding and management wages, damaging the airline's ability to weather the recession. **TORSTAR NEWS SERVICE**

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The Edmonton Oilers were ranked 102nd overall on ESPN's annual ranking of the 122 teams in the NHL, MLB, NBA and NFL. The Toronto Blue Jays were the top Canadian team on the list at No. 34. The Los Angeles Angels of Anaheim topped the list, while the Los Angeles Clippers ranked last. **METRO NEWS SERVICES**

Sports

EDITOR: CHRIS.CLEMENTS@METRONWS.CA

Kobe wants to be in L.A.

Kobe Bryant, left, has chosen not to terminate the final two years of his contract and will remain with the NBA champion Los Angeles Lakers. The MVP of the NBA finals had until Tuesday to become an unrestricted free agent. Bryant has spent his entire 13-year career with the team, winning four NBA championships. **METRO NEWS SERVICES**

Oilers get their No. 1 goalie

Khabibulin signs on to be Edmonton backstop as team works on securing Heatley

The Edmonton Oilers signed goaltender Nikolai Khabibulin to a four-year contract yesterday. Financial terms of the deal were not disclosed, but TSN reports it is worth a total of \$15 million.

The 36-year-old netminder had a record of 25-8-7 with a 2.33 goals against average to go along with a .919 save percentage in 42 games with the Chicago Blackhawks last season. In 15 playoff games, he was 8-6 with a 2.93 goals against average and a .898 save percentage.

"Nikolai is a world class goaltender who has proven himself throughout his career as one of the best in the game," Oilers General Manager Steve Tambellini said.

"He has had success at many levels of hockey and we're looking forward to seeing him continue that success here in Edmonton."

For his career, the native of Sverdlovsk, Russia, is 299-267-58 with a 2.67 GAA in 678 games with Winnipeg/Phoenix, Tampa Bay and Chicago. He backstopped the Lightning to the Stanley Cup title in 2004 by posting a 1.71 GAA with five shutouts in 23 playoff games.

TSN is reporting that the Oilers and the Ottawa Senators agreed to a deal



Nikolai Khabibulin left the Chicago Blackhawks to join the Oilers. Khabibulin has a career record of 299-267-41, with a save percentage of .908 and a 2.67 GAA. He won the Stanley Cup in 2004 with the Tampa Bay Lightning.

on Tuesday night that would have sent Andrew Coglian, Dustin Penner and Ladislav Smid to Ottawa in exchange for Dany Heatley.

The Oilers are now reportedly working overtime to sell Heatley, who

has a no-trade clause, on the trade.

The Oilers also came to terms with defenceman Jason Strudwick on a one-year contract.

The 33-year-old Strudwick played in 71 games with the Oilers last season, totalling a career-best

nine points and 60 penalty minutes.

"We were very impressed by Jason's all-around abilities last season and more importantly the leadership role he played," said Tambellini.

The blueliner has played in 559 career NHL games with both New York teams — the Islanders and Rangers, Vancouver, Chicago and Edmonton, registering 13 goals and 34 assists for 47 points. **METRO NEWS SERVICES**

Sports in brief

COYOTES The National Hockey League is backing a bid by sports team mogul Jerry Reinsdorf to buy the bankrupt Phoenix Coyotes for up to \$148 million rather than the \$212.5-million offer from Jim Balsillie. The NHL believes the owner of MLB's Chicago White Sox and the NBA's Chicago Bulls teams will keep the team in the

Phoenix area.

SOCCER Brazil has ended Spain's one-year reign at the top of FIFA's rankings, rewarded for its comeback win over the United States in the Confederations Cup final. Canada, however, dropped nine spots to No. 92, sandwiched between Sudan and Iceland.

METRO NEWS SERVICES

SCOREBOARD

MLB

AMERICAN LEAGUE
YESTERDAY
Toronto 5 Tampa Bay 0
Boston 6 Baltimore 5 (11 Ings)
Minnesota 5 Kansas City 1
Oakland 5 Detroit 1
Chicago White Sox at Cleveland
Seattle at N.Y. Yankees
L.A. Angels at Texas

TODAY
Seattle at N.Y. Yankees
Chicago White Sox at K.C.
Baltimore at L.A. Angels

NATIONAL LEAGUE

YESTERDAY
Florida 5 Washington 3
L.A. Dodgers 1 Colorado 0
N.Y. Mets 1 Milwaukee 0
Chicago Cubs at Pittsburgh
Arizona at Cincinnati
Philadelphia at Atlanta
San Francisco at St. Louis
Houston at San Diego

TODAY
Arizona at Cincinnati
N.Y. Mets at Pittsburgh
Houston at San Diego

Philadelphia at Atlanta
San Francisco at St. Louis
Milwaukee at Chicago Cubs

CFL

YESTERDAY
Toronto 30 Hamilton 17
Montreal at Calgary

TODAY
Winnipeg at Edmonton

TOMORROW
B.C. at Saskatchewan

Federer advances to Wimbledon semis

"Twenty-one in row, it's amazing. Means the world to me. It's been quite a streak and I'm happy it's still alive."

Roger Federer, on making the semifinal in 21 majors tournaments in a row

his electrifying five-set win against Stanislas Wawrinka, Murray produced a no-nonsense 7-5, 6-3, 6-2 win over Juan Carlos Ferrero.

While the authoritative exhibition gave Murray a place in the last four at Wimbledon for the first time, the sight of all-conquering Federer at the tail-end of a grand slam is taken for granted these days.

The world No. 2 reached his 21st successive major

semi by dousing the fireworks of Croatian ace machine Ivo Karlovic 6-3, 7-5, 7-6.

"Twenty-one in row, it's amazing. Means the world to me. It's been quite a streak and I'm happy it's still alive," said Federer, in hot pursuit of a record 15th major.

His rivals summed up the milestone as "ridiculous," "incredible," "almost impossible" and "the most impressive stat we'll see in tennis."

REUTERS

Free agent action

Notable NHL signings

- **Dwayne Roloson**, G, Edmonton, signed with N.Y. Islanders, two years, \$5 million.
- **Steve Begin**, F, Dallas, signed with Boston, one year, \$850,000.
- **Brian Boucher**, G, San Jose, signed with Philadelphia, two years, \$1.85 million.
- **Donald Brashear**, F, Washington, signed with N.Y. Rangers, two years, \$2.8 million.
- **Mike Cammalleri**, F, Calgary, signed with Montreal, five years, \$30 million.
- **Scott Clemmensen**, G, New Jersey, signed with Florida, three years, \$3.6 million.
- **Erik Cole**, F, Carolina-Edmonton, signed with Carolina, two years, \$5.8 million.
- **Ty Conklin**, G, Detroit, signed with St. Louis, two years, \$2.6 million.
- **Marion Gaborik**, F, Minnesota, signed with N.Y. Rangers, five years, \$37.5 million.
- **Mathieu Garon**, G, Pittsburgh, signed with Columbus, two years, \$2.4 million.
- **Hal Gill**, D, Pittsburgh, signed with Montreal, two years, \$4.5 million.
- **Brian Gionta**, F, New Jersey, signed with Montreal, five years, \$25 million.
- **Marian Hossa**, F, Detroit, signed with Chicago, 12 years, \$62.4 million.
- **Mike Knuble**, F, Philadelphia, signed with Washington, two years, \$5.6 million.
- **Mike Komisarek**, D, Montreal, signed with Toronto, five years, \$22.5 million.
- **Tomas Kopecky**, F, Detroit, signed with Chicago, two years, \$2.4 million.
- **Ian Laperriere**, F, Colorado, signed with Philadelphia, three years, \$3.5 million.
- **John Madden**, F, New Jersey, signed with Chicago, one year, \$2.75 million.
- **Scott Niedermayer**, D, re-signed with Anaheim, one year, \$6 million.
- **Chris Neil**, F, re-signed with Ottawa, four years, \$8 million.
- **Mattias Ohlund**, D, Vancouver, signed with Tampa Bay, seven years, \$26.25 million.
- **Colton Orr**, F, N.Y. Rangers, signed with Toronto, four years, \$4 million.
- **Samuel Pahlsson**, F, Chicago-Anaheim, signed with Columbus, three years, terms not disclosed.
- **Henrik and Daniel Sedin**, F, re-signed with Vancouver, five years, \$30.5 million each.

Three fast facts about watermelon

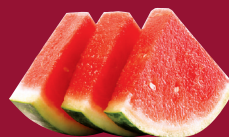
1. The first recorded watermelon harvest occurred nearly 5,000 years ago in Egypt. 2. Over 1,200 varieties of watermelons are grown worldwide in 96 countries. 3. Watermelon is 92 per cent water. **WATERMELON.ORG**

11

Food

This meal is perfect for a summer night by the barbecue with guests or family, celebrating the return of warm nights for the season.

20MINUTESUPPERCLUB.COM



Complement

The fresh cool flavours of watermelon and tomato make the side salad a perfect complement to the flank steak.

EDITOR: NINA.DRAGICEVIC@METRONEWS.CA

Liquid Assets

Peter Rockwell

metronews.ca/liquidassets

French tipping

Large international wine shows are a strange beast: They offer you everything except the time to experience it all. That sad realization hit me once again as I entered the Bordeaux Exhibition Centre in France last week and waded into a sea of red, white and rosé.

The Centre is the home of VinExpo: A liquid Lollapalooza that (with over 2,400 exhibitors from 48 countries) is arguably the world's largest wine tasting event. Even with all that juice one thing stood out: The French really want you to start buying their wines again.

Producers from the Rhône Valley certainly had their act together with plenty of pamphlet passing and samples of wine that were about as New World as France can muster.

Two from the southeastern part of the region that really impressed me are no strangers to Canada, having been available here for years. The La Vieille Ferme Rouge 2007 Côtes du Ventoux (\$11.95 - \$13.99) has a modern mouthfeel with a touch of chocolate-dipped strawberries that's very barbecue friendly.

Its sister white, the La Vieille Ferme Blanc 2008 Côtes du Luberon (\$11.95 - \$13.99) is green, bright and creamy which makes it ideal for July enjoyment.

Prices reflect the range across the country.



Peter Rockwell is the everyman's wine writer, working in the liquor industry for more than 25 years and travelling the globe looking for something to fill his glass and put into words.

3 dishes, one summer meal

Garlic shrimp, grilled steak and a berrylicious crumble

Designed as the online destination for food, the new 20 Minute Super Club website provides a comprehensive recipe archive, a network for members to share their own favourite recipes as well as create personal profiles, chat about food, and find-and-follow those with similar food interests (think Facebook meets Twitter). Who doesn't need some quick, delicious and healthy recipes — for free? Create your profile at 20minute-supperclub.com and try it out.

This week's full meal includes savory Shrimp in Garlic to start, followed by Grilled Flank Steak with Tomato and Watermelon Salad, and finished with berry-bursting Bumbleberry Crumble.

Shrimp in Garlic

SERVES 6-8

PREP TIME: 15 MINUTES

COOKING TIME: 10 MINUTES

INGREDIENTS:

- 6 tablespoons extra-virgin olive oil
- 1/4 teaspoon red pepper flakes
- 10 Clove garlic, very thinly sliced
- 16 shrimp (26-30 count), peeled and deveined
- 2 teaspoon salt, divided use
- 1/8 teaspoon freshly ground black pepper, divided use
- 1/2 cup white wine or lemon juice
- 1/4 cup roughly chopped Italian parsley

METHOD:

Light seasonal flavours



If you don't have access to an outdoor grill, flank steak can be cooked under a broiler or stovetop in a cast iron grill pan.

Salad

SERVES 4

PREP TIME: 15 MINUTES

COOKING TIME: 10 MINUTES

INGREDIENTS:

- 2 lb flank steak, about 1-inch thick
- 3 tablespoons olive oil
- 1 tablespoons rice vinegar
- 1 teaspoon fresh red chili, seeded, thinly sliced
- 1/2 teaspoon sugar
- 3 medium tomatoes in assorted colours, cut into 1-inch dice
- 2 cups 1-inch diced seedless watermelon
- 1 tablespoon chopped basil
- 2 teaspoons chopped chives

METHOD:

1. Preheat grill to medium-high.
2. Rub steak with 1 tablespoon olive oil and season generously with salt and freshly ground black pep-

per. Cook on grill, turning once, about 5 minutes per side for medium-rare. Remove from heat and rest on cutting board loosely covered with foil for 10 minutes.

3. Meanwhile, combine remaining 2 tablespoons olive oil, rice vinegar, chili and sugar in a small bowl and whisk to blend. Season with salt and pepper and set aside. In a large bowl, combine tomatoes, watermelon and herbs. Just prior to serving, toss tomato mixture with reserved vinaigrette.

4. To serve, slice steak against the grain into 1/8-inch-thick strips and divide equally among 4 plates. Serve with watermelon salad.

• Chef Notes: If you don't have access to an outdoor grill, flank steak can be cooked under a broiler or stovetop in a cast iron grill pan.

Bumbleberry Crumble

SERVES 8

PREP TIME: 5 MINUTES

COOKING TIME: 40 MINUTES

INGREDIENTS:

- 1-1/2 cups rolled oats
- 1 cup all-purpose flour
- 1/2 cup oat bran
- 1 cup demerara or dark brown sugar
- 1 cup canola oil
- 2 cups each raspberries, blueberries and blackberries

METHOD:

1. Preheat oven to 350 F. In a large bowl, mix dry ingredients with a fork. Pour in oil and continue mixing until ingredients clump together.

2. Place berries in a shallow, oven-proof 8-cup dish, cover with crumble and bake 40 minutes, or until top is golden.



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On the web

Global Peasant:

- Travel along with Diane Thompson's culinary adventures in her Global Peasant blog.
- Visit metronews.ca/globalpeasant to read Diane's musings on the mysterious origins of pizza and top it off with a completely fresh reinvention.



FULLY LOADED MEAL CONTEST

LOOK IN TOMORROW'S METRO FOR 1 OF THE 4 KFC WORDS

CRUNCH **CHICKEN** **COLESLAW** **FRIES**

*Reg. TM/©Yum! Restaurants International (Canada) LP. Used under license.

"I don't really think of myself as ... an entertainer more than a designer. The collection is an extension of what I do as an artist," Justin Timberlake said of his clothing line, William Rast, in an interview with British Vogue. KENYA HUNT/METRO WORLD NEWS

Style

EDITOR: ANN-MARIE.COLACINO@METRONWS.CA



Off the cuff

The suit got an update for spring during the Paris men's spring 2010 runway shows with cuffed trousers popping up at Hermès, Lanvin and Comme des Garçons among others. The silhouettes were relaxed, and sometimes slouchy, with the cuffs reaching as high as the calf. Maybe that means spring will be all about the socks too?

KENYA HUNT/METRO WORLD NEWS

The emperor's clothes

Michael Jackson's wardrobe revealed a side of himself overshadowed by the plastic surgery

KENYA HUNT
Metro World News

It's interesting to see how Michael Jackson's death has resonated around the world.

From Boston, to Stockholm to Lisbon, newspapers have featured four-, six- and eight-page spreads devoted to his life and legacy. Most of them focus on his ever-changing face, with think pieces examining how his plastic surgery reflected inner conflict about his race and sexuality. But his constantly evolving wardrobe is perhaps just as indicative of who the notoriously enigmatic singer was.

In a recent interview with the AOL blog Stylelist, Phillip Bloch, who dressed Jackson for an Ebony magazine cover shoot (which turned out to be his last photo shoot ever) noted that Jackson was not very knowledgeable of the high

fashion world. He asked Bloch if the famous British designer Paul Smith was American, and if the legendary Japanese designer Yohji Yamamoto was Italian.

The fact that Jackson wasn't looped into the high fashion world says even more about his trend-setting as an artist. Whereas his face may have reflected an uncertainty about his racial and sexual identity, his distinct sartorial trademarks (the white glove, glittery socks, bow tie and red leather jacket for instance), which began to emerge very early on in his career, displayed a certainty of self as a performer.

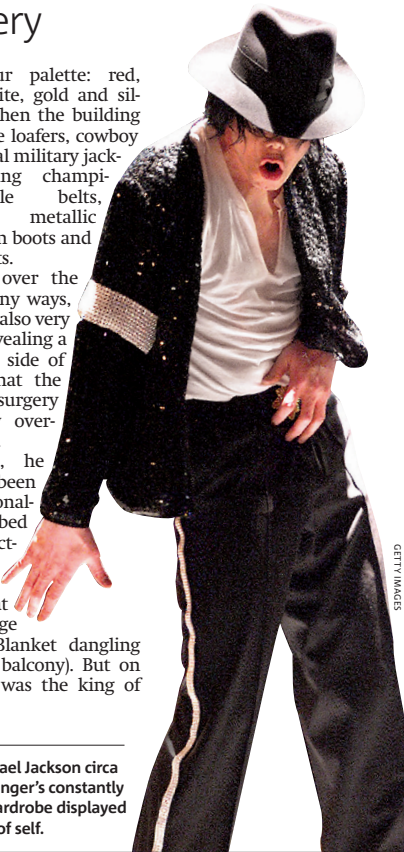
And rather than constantly reinvent his wardrobe, the way he did with his face, he instead stuck with a formula and perfected it, adding on bombastic pieces that mirrored his growing superstardom. There was

the colour palette: red, black, white, gold and silver. And then the building blocks: the loafers, cowboy boots, regal military jackets, boxing championship-style belts, space-age metallic tops, moon boots and showy suits.

It was over the top in many ways, yes. It was also very telling, revealing a self-loving side of himself that the plastic surgery eventually overshadowed.

Offstage, he may have been an emotionally disturbed and conflicted man (I still cringe at the footage of baby Blanket dangling over that balcony). But on stage, he was the king of pop.

Right: Michael Jackson circa 2001. The singer's constantly evolving wardrobe displayed a certainty of self.



The fashion timeline

A look at Michael Jackson's sartorial milestones:

- Late 1970s — Jackson establishes his white sock/black shoe combo during his final stage with the Jackson Five.
- 1979 — Jackson reveals a new do and a penchant for bow ties and sequins.
- 1983 — The singer's red leather, zippered jacket becomes the item of the '80s, sparking knockoffs the world over and becoming a symbol of the new MTV generation.
- 1983 — Jackson switches it up to the military jacket at a press conference for Jackson's Victory tour.
- 1984 — The style royalty references become more literal for a visit to the White House.
- 1988 — Jackson rocks a boxing championship-style belt that reflects his winning sales on his Bad tour.
- 1996 — The face mask and extravagant space-age boots become a part of MJ's look.
- 2001 — Revisiting his iconic look during his 30th anniversary show.
- 2007 — In the years following his controversial child molestation case, Jackson tones it down in pared down monochromatic jackets and trousers.
- 2009 — The embellished jacket returns for the press conference publicizing his comeback tour. Jackson also makes headlines for inspiring the highly coveted jackets in the fall and spring '09 Balmain collections.



Circa 1979



Circa 1983



Circa 1984

KENYA HUNT/METRO WORLD NEWS

Summer of colour

Men have always had an uneasy relationship with colour.

As the stereotypes go, men who stay within the lines of black, grey, navy and white are somehow more solid and trustworthy and macho than their colourfully attired brothers.

Somewhere along the way, men became accustomed to living without colour and never developed skill at the play.

For decades, menswear has planted its flag in a barren desert of hues — bland, beige and monotone.

So it was greeted with



Sneaker, \$50, Little Burgundy.



Studded belt, \$22.90, H&M.



Nylon tote, \$74, Banana Republic.



Colour-blocked shirt, \$98, Lacoste.



Straw fedora, \$60, Lacoste.

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some surprise when designers, in their collections for this summer, went wild with bright saturated colours.

The retail colour revolution has started slowly and rather inconspicuously. In the most staid of department stores, next to the utilitarian white Jockey's and black McGregors, are graphically patterned and wildly hued underwear and socks.

The colour wheel is spinning in other subtle ways, as well. The simple polo shirt, a summer basic for the average Joe, comes in a wide array of shades at the Gap this summer.

And savvy retailers are zeroing in on the most likely customer: the young.

Men's accessories such as tote bags, sneakers and hats make for easy targets, the theory being that bright colour is more palatable in small doses.

Shoe stores, such as Little Burgundy, sell sneakers in bright Crayola hues. The windows at American Apparel showcase men's skinny neon-coloured jeans, and H&M offers colourful men's accessories as well as pink, purple and yellow walking shorts.

TORSTAR NEWS SERVICE

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style 13

EYE CANDY

See the world in pop colours

Resin (\$12, at Aldo accessories)

Resin, Ray-Ban (\$181, at Holt Renfrew)

Resin, Guess (\$90, guess.ca)

Resin, H&M (\$10, hm.com)

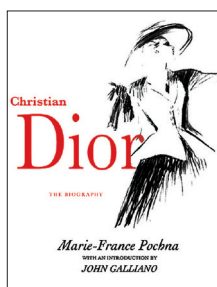
Resin, Marc by Marc Jacobs (\$105, at Holt Renfrew)

Resin (\$15, at Old Navy)

Resin, Urban Outfitters (\$24, urbanoutfitters.com)

DIOR DARLING

After the humiliation and the privations of the German occupation, Paris was ready to cast off its shackles in 1947, the year that Christian Dior launched his New Look: haute couture dresses that embraced femininity, displayed exquisite craftsmanship and were sold through international marketing campaigns. The man himself, who would be dead a mere 10 years later, is finely captured in Marie-France Pochna's classic study, *Christian Dior: The Biography*. This heavily illustrated new edition is expertly underpinned with excerpts from the couturier's own diaries, a translation by Joanna Savill and an introduction by British fashion designer John Galiano.



Christian Dior: The Biography

Editors' Pick
PINK SLIP

Take a cue from Jessica Biel — Revlon's new cover girl — and Rachel Weisz, who both wore glossy pink lips to red-carpet events this summer. Eddie Maletierre, makeup artist for L'Oréal Paris, loves brightening lips with a pop of raspberry. "For a vinyl effect, apply a pink lipstick and finish with a generous slick of lipgloss," he says.



From top: Revlon Crème Gloss in Fiercely Fuchsia (\$11.95); Yves Rocher Plumping Sheer Gloss in Nectarine (\$19); Chanel Lèvres Scintillantes in Venus (\$31)

EVENING SHADE

Sun-kissed skin and beachy waves make a great daytime default look for summer, but evening fetes call for more polish and a hint of drama. (Humidity, be damned!) At Ferragamo, models looked crisp, with subtly sculpted cheeks, eyes rimmed in black liner and hair swept off their necks in elegant, slicked-back buns. Paired with nude lips, it's a midsummer night's dream.



Giorgio Armani Sheer Lipstick in Shine 50 (\$33)



Dior 5 Couleurs Designer All-in-One Artisty Palette in Smoky Design (\$58)



Yves Rocher 3-in-1 Eye pencil in Noir (\$10)

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Mark McEwan's new line of cookware features a full line of tri-ply pots and pans made from professional quality stainless steel construction and suitable for any cooking surface. They are available at Sears and McEwan across Canada. **METRO NEWS SERVICES**

Full line of pots and pans

Metro Homes

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

McEwan releases cookware

Renowned chef, TV personality, Toronto restaurateur and gourmet grocer Mark McEwan has released his first line of professional cookware. Priced between \$14.99 and \$699.99, you can check them out at Sears stores across Canada.



Cool tips to avoid undie lounging

Are you lounging around in your underwear to keep cool instead of turning on the air conditioning full-blast?

Well, you can pat yourself on the back because you're doing the right

thing, from an environmental point of view anyway. (I'm not sure about the unsuspecting people who may knock at your door, but it's worth it when you're saving the planet, right?)

Well, even if you're not into walking around in

your undies, there are fortunately lots of other ways you can keep yourself and your house naturally cool with minimal need for the AC.

When it gets hot outside, keeping cool requires two things. One is that you keep the external heat outside, and two is that you refrain from creating internal heat as much as possible.

If it's going to be a scorcher, keep the sun from shining into your house and heating it up. Keep your windows and curtains closed on the sunny side of the house, and consider keeping all windows shut if the outside air is hotter than the inside air. White window shades or drape liners and blinds reflect heat the best. Once the sun has sunk below the horizon in the evening, you may open windows to allow in cooler air, especially if there's a lovely breeze.

On hot days, a ceiling fan (which has minimal energy needs) should be set so that it blows air down. It doesn't actually make the air cooler, of course, but moving air can make you feel much cooler and more comfortable. A portable fan works in the same way.

Window fans can actually cool down the temperature inside, if used properly. They can be used to create an air flow. For example, you can pull in cool evening air and open an opposite window to push out the heated air that



With its minimal energy needs, a ceiling fan is perfect for keeping cool this summer.

may have accumulated in your home.

An attic fan that blows heated attic air outside is also a great idea because it can create an air flow through the house, pulling up cooler basement air. Investing in increased attic insulation (up to 12 inches) can also make a difference.

Inside the house, keep it cool by managing your time so heat-producing activities occur at night. For example, don't wash clothes until later in the evening and consider drying them on a clothes rack or line outside, if possible. Use cold water wash whenever possible. Wash dishes in the evening, and turn off the heat drying cycle on the dishwasher. If you have a fan installed, use it to suck away hot

damp air in places where it is generated, like showers, or laundry rooms.

Cooking, particularly in the oven, will heat up your home fast. Use a microwave, or barbecue outside, use a slow-cooker plugged into an outlet in the garage, or eat a salad meal. If you use your stove or burners, turn on the fan so the heat is whisked outside. Put electronic devices like TVs and computers on a power switch and turn them off when they're not in use so they're not producing heat all day. And as my dad used to say, turn the lights off if they are not needed. Use fluorescent light whenever possible, since incandescents produce heat, besides being inefficient energy users.

Of course, there is nothing

HomeScape

Sylvia Putz

metronews.ca/homescape

ing better than long-term good planning, and if you can stick around for the long-term, do invest in planting big shady deciduous trees on southern and western exposures.

Minimize hard concrete or stone surfaces around your house in favour of plantings, since stone and concrete retains heat and reflects it back at you in the evening.

Sylvia Putz is a journalist with an interest in decor and design. She's written for the TV show *Arresting Design*; sputz@arrestingdesign.com.

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Springing into the garden can be a stretch

WELLNESS After a long winter we're often eager to switch our bags of salt for bags of soil. We just can't wait to get out into the garden and begin digging, raking, lifting, and planting. However, without the right preparation you could end up with stiff, sore joints and muscles, back pain or injuries. Don't let your enthusiasm put an early end to your gardening season. Here are a few stretching tips that will allow you to safely enjoy the fruits of your labour.

Warm-up with a short



Stretch before you hit the garden, or you may have some back aches.

walk, then gently repeat each of the following stretches five times. Hold all stretches for 15 to 20 seconds. Stop if it is painful.

Thigh Stretch: With one hand on the wall or a tree,

bend your left knee then reach back and hold your ankle with your right hand. Pull your heel toward your buttocks and hold. Relax and repeat with the other leg.

Back Stretch: Sit on a chair

and slowly bend your body forward from your hips, putting your head down and resting your hands on the floor. Hold, then relax.

Shoulder Rolls: With your arms hanging loosely at your sides, slowly rotate your shoulders in a circular motion forward, then backward.

Wrist Flexion: Hold one arm straight out as if you were giving a "stop" signal, use your opposite hand to hold this position. Hold. Repeat with the other hand.

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Roger Friedman, the columnist who got fired by FOX News this year after he reviewed a bootlegged copy of the Wolverine, has hit back with a \$5 million US lawsuit. Friedman claims he was illegally canned and that the copy he obtained came from News Corp., honcho Rupert Murdoch. **POPEATER.COM**

Columnist sues FOX

Entertainment

EDITOR: DEAN.LISK@METRONews.CA



Club member

Hugh Jackman may have hosted the Oscars, but he really wasn't a member of the club. This week, the Academy of Motion Picture Arts and invited him to join the honorary body. **PEOPLE.COM**

●●●●● A CLASSIC; ●●●● EXCELLENT; ●●● GOOD; ●● FAIR; ● POOR

Wilco (The Album) takes it easy

Alt-rockers get help from Feist, while Moby and Rob Thomas also release new music

Wilco

Album: Wilco (The Album)
Label: Nonesuch/Warner
Rating: ●●●●●

OR BETTER

YET, let's just call this Wilco Can Take It Easy Now. In fact, album number seven offers all the best moments of this Chicago alt-rock outfit's career: A bit of country flavouring here, some tension-laden experimental rock there. Add to that some fresh inspiration via a lovely duet with Canuck songstress Feist, the dry-witted self-referential title song and subtle melodic nods to the Traveling Wilburys and Big Star. All make for a fun and worthy listen, but you're left with the feeling that much of this territory has been covered before — and in better doses.

Ian Nathanson/for Metro Canada

Sunset Rubdown

Album: Dragonslayer
Label: Jagjaguwar/Sonic Unyon
Rating: ●●●●●

BESIDES BROKEN SOCIAL Scene there isn't another band that's pro-



duced such great offshoots than Wolf Parade. It's members are also in Handsome Furs, Frog Eyes and Sunset Rubdown, the latter which has produced one of the more exciting albums of the year so far. On the band's fourth full-length singer Spencer Krug deals in the epic, creating soaring soundscapes, loud blasts of fuzz, wild noises and heavy, beating drums. This is a vast improvement over 2007's Random Spirit Lover and yet another reason why no one's missing Wolf Parade.

Bryan Borzykowski/for Metro Canada

Rob Thomas

Album: Cradlesong
Label: Atlantic/Warner
Rating: ●●●●●

SAY WHAT YOU will about Rob Thomas,

but the guy knows how to cater to his audience. The former Matchbox 20 frontman will never write the next great American song, but he will sell copious amounts of records playing middle-of-the-road, radio friendly pop to 30-something suburban guys and gals who haven't bothered to listen to new music since they were 23.



And for the demographic Thomas' new disc is fantastic. It's all light and inoffensive, easy to sing along with, and exactly what his fans are looking for.

Bryan Borzykowski/for Metro Canada

Levon Helm

Album: Electric Dirt
Label: Vanguard
Rating: ●●●●●

LEVON HELM SHAKES the soil of his weather-worn

MusicReviews

music@metronews.ca

overalls and slips into some Sunday go-to-meetin' clothes for this follow-up to the Grammy-winning Dirt Farmer CD. This album, lovingly produced by Bob Dy-

lan guitarist Larry Campbell with the help of Levon's daughter Amy, has all the feel of a sod buster's weekend trip to town.



Electric Dirt is a delightful compendium of well-mined covers from the songbooks of American gospel, country and

blues legends like Muddy Waters, Roebuck Staples and Randy Newman. Helm's Bourbon Street treatment of Jerry Garcia's Tennessee Jed offers Deadheads another trip to heaven and the lone original, Growin' Trade, gives them the means of getting there.

Graham Rockingham/for Metro Canada

Moby

Album: Wait for Me
Label: Warner/Asylum
Rating: ●●●●●

IT'S BEEN A decade since Moby released his smash dance club



hit Play, but his latest might be the New York-based artist's most intriguing album. There's nary a party beat here — it's all haunting, introspective atmospherics that would be better suited to a frightening film than a club. There is some singing, but Moby's left that to his friends. Wait for Me isn't for everyone, its airy bent could be hard to enjoy but when it comes down to it, Moby is challenging himself again.

Bryan Borzykowski/for Metro Canada

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Jackson shatters pop chart records

As expected, Michael Jackson is once again the King of the Pop charts.

Based on preliminary sales numbers from Nielsen SoundScan, the top nine positions on Billboard's Top Pop Catalog Albums chart will house Jackson-related titles when the tally is released. Nielsen SoundScan's sales tracking week ended at the close of business Sunday night.

Jackson himself — who died June 25 of cardiac arrest at age 50 — has a record eight out of the top 10, and a Jackson 5 compilation also finds its way in-

to the upper tier.

Number Ones will fittingly lead the pack at No. 1 with sales of 108,000 (an increase of 2,340 percent) while The Essential Michael Jackson and Thriller are in the second and third slots with 102,000 and 101,000, respectively. Last week Number Ones was the only Jackson title on the chart, at No. 20 with 4,000 copies; both Essential and Thriller re-enter the tally this week.

Additionally, his classic 1979 studio set Off the Wall re-enters at No. 4 with 33,000 while his 1987 album Bad returns at No. 6

with 17,000. At No. 5, the Jackson 5's The Ultimate Collection debuts with 18,000. Jackson's fourth studio album for Epic Records, 1991's Dangerous, re-enters at No. 7 with 14,000, and his 2001 compilation, Greatest Hits: History — Volume 1, returns to the list at No. 8 with 12,000. Finally, Jackson's 2004 box set, The Ultimate Collection, charts its first week on the Pop Catalog

chart, arriving at No. 9 with 11,000.

The lone non-Jackson-related set in the top 10 is a reissue of the Woodstock movie soundtrack, which bows at No. 10 with 8,000.

Collectively, Jackson's solo albums sold 415,000 this past week. That's extraordinary, given that his titles sold a combined 10,000 in the week ended June 21. Of the 415,000, 58 per cent were digital downloads.

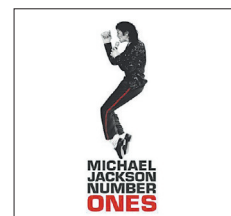
The 415,000 albums sold last week represent nearly 40 percent more than sales of Jackson's catalog during the entire year up through June 21 (297,000).

On the Top Digital Albums chart, Jackson has a record six out of the top 10 slots, including the top four. The Essential Michael Jackson leads the Top Digital Albums list with 80,000 downloads sold, while Thriller is No. 2 with

Michael Jackson's Number Ones is set to claim the No. 1 spot on the Billboard pop chart.

57,000.

With the Black Eyed Peas' The E.N.D. moving back to the No. 1 slot on the Billboard 200 chart with 88,000, this week marks the first time that a catalogue album has sold more than the No. 1 current set on the Billboard 200 albums chart. **REUTERS**



Knight on Broadway

No sooner does T.R. Knight strip off his Grey's Anatomy scrubs than the former George O'Malley has landed his next gig — on Broadway. The actor is set to star in a revival of the farce, Lend Me a Tenor, reports Variety. PEOPLE.COM



New York nerves behind model's exit

BRIAN COULTON
for Metro Canada



While running through the rainy streets of world fashion capital New York City, Heather Delaney realized she wasn't in Toronto anymore. This was the big league.

"I know that in New York specifically you need to be tiny tiny for the job," said the Ottawa-based Canada's Next Top Model contestant, 20.

"I think I was a little hesitant already when I was heading to New York feeling that way ... I was nervous."

Predisposition proved counterproductive for Delaney. Failing to impress New York designers when the five remaining women were whisked southbound for consultations called "go-sees" on Tuesday's episode, the hopeful was sent home.

But Winnipeg's Meghan DeWarren-Waller felt right at home in New York, winning the go-see



Heather Delaney

challenge, with Edmonton's Linsay Willier trailing closely.

Their competition was limited, however, when Maryam Massoumi from North Vancouver, B.C., was forced to remain in Toronto for not having a passport.

It was the second time during the series Massoumi couldn't participate due to the setback.

The judges awarded the week's top photo to Willier, who rebounded from her bottom two position the week prior, finally sending Delaney home.

"Of course you never want the experience to end — it's fun and I'll never likely have the opportunity to do something like that again. But at the same time, it was quite stressful, so there was a little bit of relief, for sure."

Will cuts off ex-wife

Mom, Ross named guardians of Jackson's kids

Details of Michael Jackson's will began to emerge yesterday with all of his multimillion-dollar estate being placed in a family trust.

The will, signed in 2002, estimates his estate at that time to be worth in excess of \$500 million and was filed with a Los Angeles Court. In it, Jackson leaves his entire estate to the Michael Jackson Family Trust, which ultimately benefits his three children, mother and unnamed charities.

Jackson's 79-year-old mother, Katherine Jackson, is nominated to be guardian of Jackson's children Prince Michael I, 12, Paris Michael Katherine, 11 and Prince Michael II, 7, and if she should be unwilling and unable to be guardian, Jackson nominated his friend, pop star Diana Ross, to be the children's guardian.

The five-page document said "I have intentionally omitted to provide for my



Michael Jackson fans stand outside Neverland Ranch in Los Olivos, Calif., as workers prepare the property for a public viewing.

former wife, Deborah Rowe Jackson."

The will names Los Angeles-based attorney John Branca, a long-time Jackson counsel, and music industry executives John McClain and accountant Barry Siegel as co-executors, but Siegel resigned as a co-executor in 2003, leaving the

administration of the will to Branca and McClain.

Jackson's will has been the subject of much speculation since the pop star died last Thursday, age 50, after suffering cardiac arrest at his rented Los Angeles home.

The pop star whose 1982 record Thriller is the best-

Funeral plans

• The Los Angeles Times reported that Jackson's body will not be buried at his Neverland Ranch in Central California due to legal regulations about private residence burials. The Times said plans for a memorial service may be shifted to Los Angeles' huge Staples Center arena, but that could not immediately be confirmed.

selling album of all time left behind an estate that includes part ownership in a Beatles music catalog and his own music company that held rights to some of his music.

He was said to be as much as \$500 million in debt when he died, but his assets have been reported to be worth as much as \$1 billion. That value could rise over time if his popularity in death grows, as with other entertainers like Elvis Presley. **REUTERS**

In brief

TV After making a name for himself in the celebrity rehabilitation genre with VH1's Celebrity Rehab With Dr. Drew and its spinoffs Sober House and the upcoming Celebrity Rehab — Sex Addiction, reality producer John Irwin is branching out with All Jacked Out, a hillbilly-themed series for CMT.

SERIES The premiere of HBO's newest comedy, Hung, was seen by 2.8 million viewers, making it the network's most-watched series debut in two years. Hung, about a well-endowed man (Thomas Jane) who becomes a hustler, for the network since John From Cincinnati, which aired in June 2007.

FILM Charlie Day, one of the stars and creators of It's Always Sunny in Philadelphia, and Christina Applegate have joined Drew Barrymore and Justin Long in the romantic comedy Going the Distance.

REUTERS

Kenya's Style

Kenya Hunt

Read the blog at metronews.ca/kenyasstyle

For complete online movie listings, trailers, reviews and tickets, visit: metronews.ca/movies

ED	C	B	S	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00		
7/2/09	primetime	2	CFRN	239	318	Corner Gas	Hollywood	The Listener "Lisa Says"	CSI: Miami (HDTV)	So You Think You Can Dance	News (N)			
		3	KHO	-	370	News	Be-Millionaire	Jeopardy! (N)	Wheel-Fortune	The Office	30 Rock	The Listener		
		4	CBXT	-	307	Coronation St.	Jeopardy! (N)	Doc Zone "Wild Horse Redemption"	(HDTV)	CSI: Crime Scene: The National	The Hour			
		6	KREM	-	372	News (N)	Hollywood	The Doctors	CSI: Miami (HDTV)	CSI: Crime Scene Invstgtn.	The Mentalist			
		7	CKEM	241	347	Law & Order: SVU		Law & Order: UK	30 Rock	Scrubs	Friends	30 Rock	Your City	
		8	CTV	240	339	ET Canada	Entertainment	Harper's Island "Whap"	Bones "Fire in the Ice"	The Office	The Office	News Hour		
		11	OMNI	-	-	Two/Half Men	The Simpsons	News	News	The Simpsons	King	Metropia		
		13	KXLY	-	371	4 News at 6	4 News at 6:30	Entertainment	The Insider (N)	Samantha Who	In Motherhood	Grey's Anatomy	Practice	
		16	KAYU	-	373	The Simpsons	Raymond	Two/Half Men	Two/Half Men	Bones "Fire in the Ice"	So You Think You Can Dance	News (N)		
		19	CHTV	-	-	The Insider (N)	ET News	True Hollywood Story	How I Met	"Til Death	The Beast	News (N)		
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	24	WTVS	-	364	Ask This Old	Michigan	MI-5 "Clean Skin"	Red Green	Summer Wine	Tavis Smiley	Charlie Rose (N)			
	15	CBON	502	-	CBC News: The National		The Nature of Things	CBC News: The National	CBC News: The National	CBC News: The National	Nature-Things			
	21	TWN	505	398	(5) EarthWatch One		EarthWatch One	EarthWatch Two						
	27	CNN	500	500	Larry King Live (N)		Anderson Cooper 360 (HDTV)			Larry King Live	Cooper 360			
	54	CTVN	501	391	CTV News Tonight		News	CTV News	News	CTV News	News			
	70	BNN	504	508	Squeeze Play		Market Call		Headline	Market Call	Commodities	Business News	Squeeze Play	
	sports	20	TSN	400	400	CFL Football Winnipeg Blue Bombers at Edmonton Eskimos. (HDTV) (Live)		Heads-Up Poker		The Ultimate Fighter (HDTV)	Sportsnet Connected	Nike Golf Invitational		
		23	net	408	418	Best Damn Top 50 Special		Heads-Up Poker		Pimp My Ride	Pass Time	NASCAR Hall of Fame Special	Pinks -- All Out	
		47	SPEED	417	406	Pinks -- All Out (HDTV)		Wrecked (N)	Wrecked	Final Score	Final Score	Final Score	Final Score	
94		SCORE	410	403	Poker Challenge		Score Tonight	Greek	Private Practice	Private Practice	Private Practice	Private Practice		
9		EDACC	267	351	Alberta Primetime (Live)		Family Biz	Family Biz	Malcolm-Mid	Futurama	In Real Life	Falcon Beach		
14		YTV	552	543	iCarly		Family Biz	Prank Patrol	Max & Ruby	Babar	Backyardigans	Ni Hao, Kai-Lan		
17		TREE	553	546	Little Bear		Comfy Couch	Zigby	6TEEN	6TEEN	Futurama	Blade ** (1998, Horror)		
42		TOON	555	545	Ben 10		Jimmy Two	Total Drama	Zack & Cody	Latest Buzz	Wizards-Place	Life Derek		
45		FAM	557	541	Zoe 101		Life Derek	Wizards-Place	Dr. House (HDTV) (SC)	Mollie (HDTV)	Mollie (HDTV)	TVA 22 heures		
-		TVA	121	714	TVA 18 heures		Sucr��-sal��	D��penses xtr	Tuckerville	The Wilkinsons	Michael ** (1996, Drama)	John Travolta		
family	18	CMT	575	583	Reba		Reba	Hope & Faith	Hope & Faith	Crime 360 (HDTV)	Crime 360 (HDTV)	Crime 360		
	25	A&E	615	520	Crime 360 (HDTV)		Crime 360 "Overkill"	Crime 360 (HDTV)	(9:02) The Daily Fix	I'm a Celebrity, Get Me Out.	Entourage			
	26	MMN	571	581	I'm a Celebrity, Get Me Out.		Entourage	Gene Simmons	Boys Weekend	The Wild Chef	Unwrapped	Unwrapped		
	29	FOOD	603	561	Jamie's Fowl Dinners		Ace of Cakes	Ace of Cakes	Love-Death	Love-Death	Storm Cell (2008, Drama)	Mimi Rogers.		
	31	SHOW	617	522	Trailer Park		Trailer Park	The Outer Limits	Daily Planet	Daily Planet	Mega Heist	Near perfect crimes.		
	32	DISC	520	505	(6) Mega Heist		MythBusters	MythBusters	ET Canada	Til Debt-Part	Real Housewives OC	Trading Sp		
	33	SLICE	601	562	10 Pounds		10 Pounds	Bulging Brides	Divine Design	House	Confidential	Save Us-House		
	34	W	602	567	Style by Jury		Style by Jury	How Clean	I Didn't Know I Was Pregnant	I Didn't Know I Was Pregnant	I Didn't Know I Was Pregnant	I Didn't Know		
	35	TLC	521	560	I Didn't Know I Was Pregnant		I Didn't Know I Was Pregnant	I Didn't Know I Was Pregnant	Law & Order	Law & Order	Without a Trace	I Like It Like		
	36	BRAVO	620	523	Housesitter (2007, Suspense)		Tori Spelling, Jonathan Higgins.	Spelling, Jonathan Higgins.	4th and Long "The Rivals"	Edmund Fitzgerald	MANswers	GameTrailers	MANswers	
cable variety	38	SPiKE	628	584	TNA IMPACT! (HDTV) (N)		NCIS "Ice"	Air Force	Just for Laughs	Comer Gas	The Simpsons	South Park	Comedy Now	
	40	HIST	522	506	Unlocking the Past		Unlocking the Past	NCIS "Ice"	Stargate SG-1 (DVS)	Stargate SG-1 (DVS)	Ancient Discoveries	History		
	41	COM	626	547	Laughts		Comedy Now	Comedy Now	Stargate SG-1 (DVS)	Stargate SG-1 (DVS)	The Simpsons	South Park	Comedy Now	
	43	SPACE	627	528	Dragon Dynasty (2006, Adventure)		Federico Castelluccio.	Federico Castelluccio.	Stargate SG-1 (DVS)	Stargate SG-1 (DVS)	Stark Trek: Next Gener.	Trek: Voyager		
	44	WPCH	294	650	Friends		Friends	Ace Ventura: Pet Detective ** (1994, Comedy)	Survivorman	Survivorman	Survivorman	Survivorman		
	46	OLN	411	457	Survivorman		Survivorman	Bounty Hunter	Departures "Cambodia"	Inside Hollywood	Survivorman	Raymond	Family Guy	
	48	TROP	619	525	North of 60		North of 60	Traders "Hope Chasers"	TMZ	Living the Life	Paris Hilton's My New BFF	Ellen Show	Handyman	
	50	STAR	621	527	Paris Hilton's My New BFF		Paris Hilton's My New BFF	Tonight Show-Conan O'Brien	Holmes on Homes	George Lopez	George Lopez	The Sopranos (SS)	Big Amazing	Paid Program
	52	HTGV	600	564	Disaster DIY		Disaster DIY	Big Amazing	Under Siege *** (1992, Action)	Steven Seagal, Gary Busey.	Tears			
	65	TLN	700	800	(6) Oltre l'Oceano		Oltre l'Oceano	Raymond	Poltergeist: The Legacy	Poltergeist: The Legacy	The Good Shepherd ** (2004, Mystery)	Molly Parker		
cable variety	92	APTN	269	300	Warriors: TKO		Wapos Bay	Canada's Next Top Model	Canada's Next Top Model	MTV Live	After	The Real World	Canada-Model	
	93	VISION	261	394	The Good Shepherd ** (2004, Mystery)		Molly Parker	Video on Trial	Video on Trial	One Tree Hill	One Tree Hill	Paris Hilton's My New BFF	MuchTopTens	
	100	MTV	581	586	Canada's Next Top Model		Canada's Next Top Model	The Premiers	The Premiers	The Premiers	The Premiers	Tete a Tete	Politics	Public Record
	102	CPAC	512	396	The Premiers		The Premiers	Passion	Passion	Psychic Inv.	Encounters	Judging Amy	Most Haunted	Le T��l��journal
	103	VIVA	526	507	The Closer		The Closer	RDI en direct	Le T��l��journal (SC)	Le T��l��journal (SC)	24 Heures en 60 minutes	Le T��l��journal		
161	SUPER			Babylon A.D. * (2008, Science Fiction)		Babylon A.D. * (2008, Science Fiction)	Journey to the Center of the Earth (2008)	Journey to the Center of the Earth (2008)	(10:15) Under the Same Moon (2007)	(10:15) Under the Same Moon (2007)				

critics'corner

Handyman Superstar Challenge

They may not qualify for "Canada's Worst Handyman," but the do-it-yourselfers competing on this show — which starts its fourth season tonight — are far from perfect. Ten contestants, all accomplished do-it-yourselfers, undergo an assortment of challenges to determine which of them — if any — is deserving of the title "superstar." Karen Bertelsen hosts, and Mike Holmes ("Holmes on Homes") and Jim Caruk ("Real Renos") are the judges. 12 PM on HGTV



The Good Shepherd

It's not the best-written or most compelling mystery movie of recent years, but it's nice to see Christian Slater in a starring role again. He plays a priest who teams up with an old flame (Molly Parker), now a reporter, to clear a fellow priest (Von Flores) charged with murder. Stephen Rea ("The Crying Game") and Gordon Pinsent also appear in the 2004 mystery. 7 PM on VISION

Hayden Panettiere's upcoming role in the movie *I Love You, Beth Cooper* will give fans a good look as she bares all, people.com reports. The 20-year-old says, "If I can't flaunt it at 20, come on! I mean I might as well show it now." **METRO NEWS SERVICES**

Celebrity Buzz

Saying goodbye to an angel

FINAL FAREWELL Ryan and Redmond O'Neal tearfully joined Farrah Fawcett's closest friends and family for the actress' private funeral Tuesday afternoon at the Cathedral of Our Lady of the Angels in downtown Los Angeles, people.com reports.

Fawcett's Charlie's Angels co-star Kate Jackson, along with Marla Maples, Joan Collins



and Tatum O'Neal were among the 200 guests attending the hour-long Catholic service, where long-time pal Alana Stewart

and Fawcett's doctor Lawrence Piro delivered the eulogies.

"Goodbye sweet girl," said Stewart. "(Farrah) never felt sorry for herself during her illness ... she fought cancer furiously."

"She's the most beautiful angel in heaven," Stewart added. "She always seemed so indestructible."

With city police and private security lining the streets, a hearse drove up just a few minutes before the funeral began. O'Neal

and son Redmond served as pallbearers carrying Fawcett's casket, adorned with yellow and orange flowers.

"The funeral was really just beautiful and so sweet," Lisa Fawcett, the actress' cousin, told People. A special moment during the service came when "everyone just embraced (Redmond)," she said about Fawcett's 24-year-old son, who was allowed to leave jail and attend.

METRO NEWS SERVICES

Madonna's still got it

PROVOCATEUR A promo by Madonna for an upcoming show in St. Petersburg, Russia, is causing outrage because the star swears in the first few seconds of the taped message.

The singer starts the promo for her Aug. 2 show by saying it will be "F—in amazing" in Russia.

The promo has rattled even her local management.

"We are not just amazed, it's not the right word

— we are in shock," said Marianna Lubina, press representative of the PMI company, which is bringing Madonna to St. Petersburg. "Her greeting is extremely short, and will be much shorter when we cut this filthy word."

In the meantime, tickets for this concert are selling like hot cakes. Only VIP ticket — costing more than \$1,000 US are left.

METRO WORLD NEWS



Lindsay staged bash for cash?

PARTY POOPER Lindsay Lohan turns 23 today, and it turns out that early birthday party she threw in Las Vegas last weekend was a lucrative one.

Lohan was reportedly paid \$70,000 US to host the "pre-celebration" at the MGM Grand, according to Page Six. But some say it was just business for the actress. "None of her really close friends were there," a source says.

METRO WORLD NEWS



No truth to Megan-Shia buzz

OUT OF HIS LEAGUE Rumours about Transformers co-stars Megan Fox and Shia LaBeouf dating may have just been wishful thinking, since Fox has been spotted in Las Vegas with on-and-off boyfriend, Brian Austin Green, Hollyscoop reports. **METRO WORLD NEWS**



Anniversaries, Beckham-style

OVER THE TOP David Beckham has rented a private island to celebrate his tenth wedding anniversary with wife Victoria, femalefirst.co.uk reports.

The soccer star is keen to show the former Spice Girl how much he loves her, and has organized a romantic getaway at Sir Richard Branson's exclusive and luxurious Necker Island resort.

A source said: "David

has pulled in a few favours. He has bought Victoria a lot of other gifts to mark the occasion but the big surprise is the holiday to Necker."

Richard Branson



owns the paradise island and sorted the trip out, including all the travel arrangements. It will be something to remember."

The couple — who have three sons together, Brooklyn, 10, Romeo, six, and four-year-old Cruz — married on July 4, 1999.

METRO NEWS SERVICES

Hollywood a tough gig

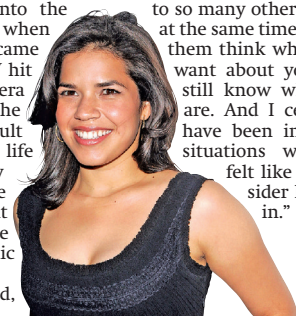
FAME'S FOLLIES America Ferrera struggled to cope with her overnight fame — and felt like an "outsider" in Hollywood, femalefirst.co.uk reports.

The 25-year-old actress was thrust into the public eye when Ugly Betty became an instant TV hit in 2006. Ferrera admits she found it difficult adjusting to life as a celebrity because she suddenly felt as though she was public property. She said,

"I've never spoken to a single person who knew how to handle Hollywood with ease. It's a different universe."

"You have to learn how to be yourself, but belong to so many other people at the same time and let them think what they want about you, but still know who you are. And I certainly have been in many situations where I felt like an outsider looking in."

METRO NEWS SERVICES



Bradley makes the rounds

DATING CIRCUIT Days after Bradley Cooper declared he and Jennifer Aniston are just "friends," the Hangover star went on a dinner date with Renee Zellweger, usmagazine.com reports.

The two dined in a quiet corner at Italian restaurant Antonucci on New York City's Upper East Side on Tuesday night.

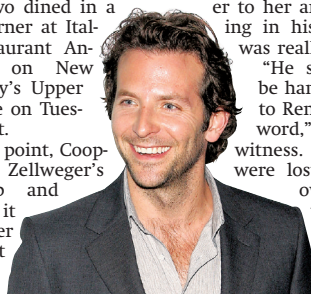
At one point, Cooper took Zellweger's tea cup and smelled it and her face lit up.

When Cooper spoke, Zellweger played with her hair, twisting it around her finger.

"She was grinning ear-to-ear and laughing really loud," added the onlooker. "Bradley kept moving closer to her and slouching in his seat. He was really relaxed."

"He seemed to be hanging onto to Renee's every word," said the witness. "They were lost in their own little world."

METRO NEWS SERVICES



Courtney explains weight loss

KURT DRAMA Super-skinny Courtney Love says "I know I've got too skinny" after her malnutrition diagnosis, she tells Grazia magazine. Love says it's all due to stress over millions of dollars that are missing from Kurt Cobain's estate. "You have no idea what it has been like these last few months. I need to get to the bottom of this fraud. I need answers."

METRO WORLD NEWS





Mmm Ahh

\$1

any size
soft
drinks

plus tax

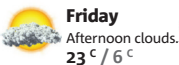
all summer long



(Restaurant Address)

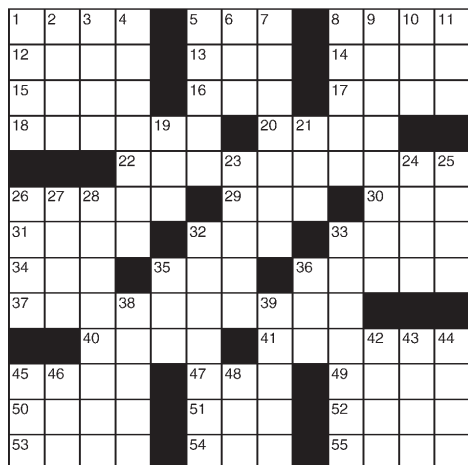
From May 19 to August 23, 2009.
Not valid with any Extra Value Meal or Happy Meal*.
*Coca-Cola Zero is a registered trademark of Coca-Cola Ltd., used under license. ©2009 McDonald's





Michele McDougall, Weather Specialist & Host — Breakfast Television
 "My favourite part is reporting the weather. It fascinates me, and as we know around here, it's always changing, keeping forecasters on their toes!" **WEEKDAYS AT 6 A.M.**

Take Five



Crossword across

- | | |
|----------------------------|-----------------------------|
| 1 Forbidden (Var.) | 32 Additionally |
| 5 Actress Thurman | 33 Actor LaBeouf |
| 8 Chaste | 34 Mid-afternoon hour |
| 12 Unsigned (Abbr.) | 35 Ostrich's cousin |
| 13 Persona-grata link | 36 Enthusiast, plus |
| 14 A single time | 37 Fit together |
| 15 Hexagonal state | 40 List-ending abbr. |
| 16 Spacecraft compartment | 41 Zurer of Angels & Demons |
| 17 Cicatrix | 45 Quaker pronoun |
| 18 Long, harsh speech | 47 Space |
| 20 Bar | 49 Staffer |
| 22 With feet turned inward | 50 Saharan |
| 26 Froot — | 51 Hearty brew |
| 29 Little louse | 52 Bridle part |
| 30 Attempt | 53 Gilligan's home |
| 31 Partner in crime | 54 Wire measure |
| | 55 Hardly a purebred |

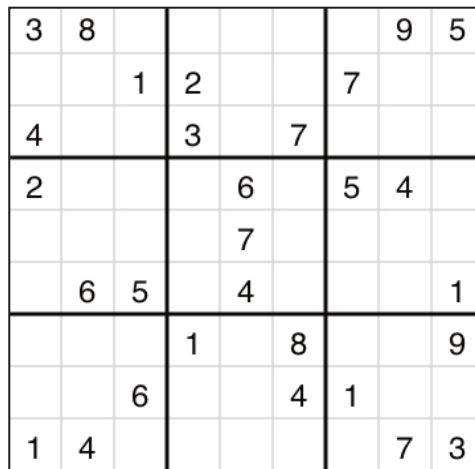
Crossword down

- | | |
|------------------------|------------------------------|
| 1 Lacking slack | 26 Set down |
| 2 Con | 27 Medley |
| 3 Wild porker | 28 Salad dressing ingredient |
| 4 Blue | 32 Blend |
| 5 Let off the hook? | 33 Weapon of a sort |
| 6 Cattle call? | 35 Greek H |
| 7 C-3P0, for example | 36 Tina of 30 Rock |
| 8 Suggest, as a theory | 38 Chopin piece |
| 9 Strip | 39 Boutonniere site |
| 10 Nipper's co. | 42 Stead |
| 11 Always, in verse | 43 Tend texts |
| 19 Insult | 44 Circus shelter |
| 21 Pismire | 45 Skater Babilonia |
| 23 Boredom | 46 Storefront sign abbr. |
| 24 Green land | 48 — Baba |
| 25 Twosome | |

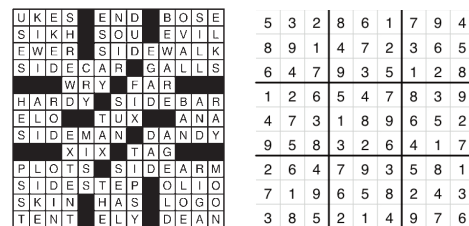
Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



Find today's answers + play more games at metronews.ca

SUDOKU SOLVE TIME:	17-21 minSmart
Under 13 minGenius	21-25 minNot bad
13-17 minScholar	25+ minKeep practising

Metro Recipe of the Day



Moroccan Chickpea Salad

Submitted by Stephanie Ein, Montreal



submitted by a Club Member!

INGREDIENTS:

- 1 stalk celery, diced
- 1 green pepper, diced
- 1 med. tomato, diced
- 1 med. onion or 6 green onions, diced
- 1 can chick peas, drained (19 oz)
- 1/2 cup of feta cheese

DRESSING:

- 2 tbsp olive oil
- 3 tbsp red wine vinegar
- 2 tbsp fresh lemon juice (about 1/2 lemon)
- 1 tsp fresh parsley
- 1 tsp fresh mint
- 1 tsp & 1 tsp dried ground cumin
- Salt and pepper to taste

METHOD:

Toss diced vegetables and drained chickpeas. Stir dressing ingredients together. (Dressing will look thick and muddy). Pour over veggies and toss.

SERVES 2

PREP TIME: 20 MINUTES



20 Minute Supper Club helps you get dinner ready in a snap. Sign up for quick and delicious recipes, cooking and food tips. It's free at 20minutesupperclub.com

Horoscopes by Sally Brompton

sallybrompton.com

ARIES

MARCH 21-APRIL 20
 If you see conspiracies at every turn you've allowed your suspicions to get out of hand. Nothing harm you — except your own negative thinking..



TAURUS

APRIL 21-MAY 21
 Today you will be acutely aware of changes in your professional situation. But there is no need to panic. These particular changes are good for you.



SCORPIO

OCT 24-NOV 22
 Someone needs a shoulder to cry on and you'll try to comfort them. You might also like to point out where and why they went wrong — but nicely.



GEMINI

MAY 22-JUNE 21
 With cosmic activity in the travel area of the heavens looking a little unsettled, weigh your options carefully before booking a vacation.



SAGITTARIUS

NOV 23-DEC 21
 Whatever your responsibilities, make time for some fun and games today. Life may be a serious business but there should be time for laughter too.



CANCER

JUNE 22-JULY 22
 Something has sparked you off and you intend to extract from it very last bit of fun and excitement. Just watch it doesn't cost you more than you can afford.



CAPRICORN

DEC 22-JAN 20
 Step outside what you are working on and see it from a wider perspective. There may be a better way to go about your task.



LEO

JULY 23-AUG 23
 Forget about everything but having a good time. And if you have that good time alongside someone you love it could be one of the best days of the year.



AQUARIUS

JAN 21-FEB 18
 You won't want to push yourself at all today. Why should you when there are better qualified people to take care of the heavy stuff? Take a rest.



VIRGO

AUG 24-SEPT 22
 As usual you'll be on the go from dawn to dusk, but activity in the wellbeing area of your chart is a bit unstable just now, so don't take unnecessary risks.



PISCES

FEB 19-MARCH 20
 Something in the air alerts you that all is not right with your friends. Find out why this bubble of tension exists, then prick it so it bursts.



WEEKLY CD GIVEAWAY!

THIS WEEK YOU CAN WIN:
MANDY MOORE
 Amanda Leigh

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metronews.ca Do it daily.

Contest closes on July 7th, 2009 at midnight

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Join the Valley Zoo Development Society in celebrating the Zoo's 50th anniversary and raising funds for "Nature's Wild Backyard"; the next addition in the Zoo's master plan.

- Up Close Animal Encounters!
- Entertainment; fabulous art in the making
- Dance to the music of the 50s, 60s, 70s, 80s & 90s
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 For tickets or info call (780) 496-6924 or visit www.buildingthevalleyzoo.com

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Solace Medical Clinic